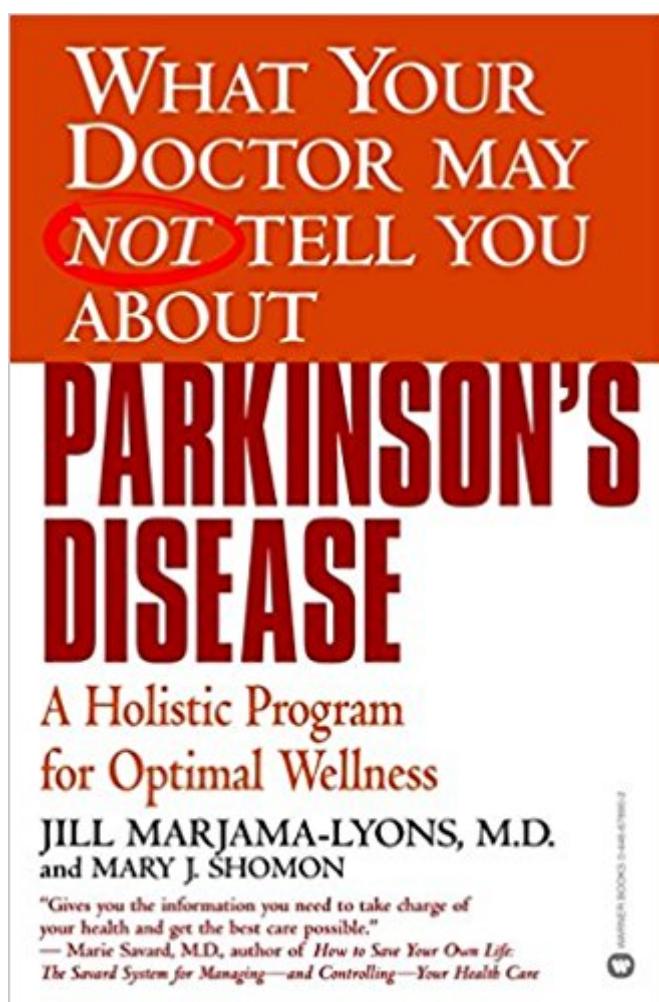


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# What Your Doctor May Not Tell You About(TM): Parkinson's Disease: A Holistic Program For Optimal Wellness (What Your Doctor May Not Tell You About...(Paperback))





## **Synopsis**

As well as explaining the mechanisms behind Parkinson's and providing detailed information on its symptoms, diagnosis and conventional treatments, this book includes information on groundbreaking alternative treatments such Dr Perlmutter's glutathione therapy using non-prescription supplements.

## **Book Information**

Series: What Your Doctor May Not Tell You About...(Paperback)

Paperback: 448 pages

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Average Customer Review: 4.3 out of 5 stars 33 customer reviews

Best Sellers Rank: #575,046 in Books (See Top 100 in Books) #50 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Parkinson's Disease #457 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System #527 in Books > Health, Fitness & Dieting > Alternative Medicine > Holistic

## **Customer Reviews**

The latest in the "What Your Doctor May Not Tell You" series-which currently includes guides on Fibromyalgia, Knee Pain and Surgery, and Migraines-this book works as a resource for those who suspect they may have Parkinson's, for those seeking treatment, and for those choosing among conventional and alternative treatments. Marjama-Lyons is a neurologist and former director of the Parkinson Center at the University of Florida; Shomon has no medical degree, but is the author of Living Well with Hyperthyroidism and Living Well with Autoimmune Disease. Together, they begin with "Signs, Symptoms, and Diagnosis," where they define the disease (called the shaking palsy in the early 19th century by James Parkinson), and run through what is known about its causes, mechanisms, risk factors and early indicators. The authors then carefully walk readers through diagnosis, treatments, care and "Future Directions" for combating the disease. There are first-person patient testimony and sidebar notes from "Dr. Jill" throughout, and appendices of references and state-by-state resources. The tone is calm, capable and reassuring. Copyright 2003

'Gives you the information you need to take charge of your health and get the best care possible.' =  
Marie Savard, MD, author HOW TO SAVE YOUR OWN LIFE

I bought this book because of a recommendation of a friend. I have Parkinson's and so does the friend who recommended it. The first part of the book mainly describes what Parkinson's is and how to deal with it. I was very disappointed when it got to the holistic part. If I took every supplement the recommended I would constantly be popping pills all day long. I was very disappointed especially since a friend told me how great it was. Save your money.

Lots of very good information in this book. The different medications that help with the different conditions that arise as the Parkinson's progresses. Plus the side effects that can occur with the different medication is very helpful. It helps you to ask your specialist whether a different line of medications would help with your Parkinson's, or if something newer has been developed. As this book is already 10 years old, I am sure that there are many different things today that can be taken to slow the progression of this disease. Would recommend this book for new diagnosed PD patients. Paulette

The book did not tell me anything that I had not already heard from those who have Parkinson's, or have had family who had the disease. While it basically confirmed all the things I had heard, I did not come away feeling that I had learned anything new or worthwhile. I guess I was just disappointed with the book.

This is a great book to browse for info and questions on P.D. I've given it to friends, family and caregivers as a resource as I don't always want to talk about my disease the whole time, when we have short visits. They appreciate this book as it's written so clearly and full of helpful information and tips.

Everyone who has Parkinson's should read this and especially the family who seem to have no idea what it's like to lose control. The sad part of having Parkinson's is that there is not very much research being done and not much in Government grants to find a cure. Parkinson's patients have no dopamine neuro receptors .....but my sister in law has too much dopamine and hears voices.

. The drugs prescribed for her block dopamine and now she has severe Parkinson symptoms. and diabetes.AND THE DRUG COMPANIES ARE MAKING BILLIONS. IF THERE WAS A CURE THE PHARMACEUTICALS WOULD LOSE..

This book is loaded with information we don't get from our doctors. It probably is not that they don't have the knowledge, it's just that they don't have (or take) the time to give the help we patients need. I recommend this book to anyone suffering from PD and their caregivers and families..

Accurate, and well written. Great if you're not into researching this yourself, but most is available if you dig hard enough online. Nice to have all in one place though.

It DOES give a lot of info that my Dr. never told me or I didn't have the sense to ask. When you have a new symptom, you can look it up. It also gives details that are helpful. I would like an update tho since some new meds have come into the market since it was published.

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